

# The Kitchen

## RESTAURANT

### Starters

#### **Chef's Soup of the Day \* / \*\***

Please ask your server for today's choice. Served with traditional Irish brown soda bread

(MK, SP, WH) €5.75

#### **Metro Chicken Wings**

Plump chicken wings shallow fried and coated in chef's secret hot BBQ sauce, served with a blue cheese dip

(SP, SY, MK)

**Small €7.50**

**Large €12.50**

#### **Thai Fish Cake**

Asian style fish cake served on rocket nest with a sweet chilli sauce and a lemon wedge

(FH, WH, SP, EG, MK) €8.75

#### **Mediterranean Calamari Salad \*\*\*\***

Herb and spiced calamari carefully cooked and tossed in wild rocket salad with house rainbow salsa

(FH, SP) €7.75

#### **Dublin Smoked Salmon**

Double smoked Irish salmon in savoury croustades with dill and lemon crème fraiche

(FH, WH, MK, SP) €9.75

### **The Main Event**



#### **Fillet Steak \*\*\***

Chefs prime 8oz dry aged Irish fillet steak with sauteed onions and mushrooms, pepper sauce or garlic butter and chips

(SP, SY, MK) €29.95

#### **D9 Burger**

Chargrilled 100% Irish sirloin beef or a cajun seasoned chicken breast with bacon and melted cheddar cheese crispy cos lettuce, beef tomato, sliced red onion and house garlic

mayonnaise served in a Waterford blaa bun with chips

(SP, WH, EG, MK) €14.75

\* Vegetarian

\*\* Vegan

\*\*\* Coeliac

\*\*\*\* Lactose intolerance

# The Kitchen



## **Teriyaki Baked Salmon**

Baked organic salmon fillet glazed with teriyaki sauce serve with mash potato, roast vegetables and a wedge of lemon

(FH, SP, MK, WH) €18.95

## **Traditional Fish & Chips \*\*\*\***

Cod fillets dipped in an Irish ale beer batter and cooked until golden, served with fresh mushy peas, tartar sauce and chips

(FH, WH, SP) €14.50



## **Tiger prawn pasta**

A selection of beautiful plump tiger prawns sautéed in fresh garlic and cooked in a parmesan cream sauce served with tagliatelle pasta and a side of garlic bread

(WH, CS, MK, SP) €17.95

## **Vegetable Stir Fry \***

Slices of fresh mixed vegetables with garlic, chilli, ginger, lemongrass and coriander all cooked in chef's Asian sauce and served with egg noodles or basmati rice

(SY, SP, WH, FH, EG) €12.95

(supplement of €4.50 with tiger prawn / supplement of €3.50 chicken)

## **Metro Chicken Salad**

Crisp rocket, quinoa, cherry tomato, shredded carrots, finely sliced red onions, mixed peppers, goats cheese, cajun chicken fillet and balsamic dressing.

(FH, SP, MK) €14.95

(supplement of €4.50 for a salmon fillet)

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## Sweet Treats

### Granny's Deep Apple Pie \*

A traditional Irish short crust apple pie served with a choice of ice cream

(WH, EG, MK, PN, SP) €6.25

### Eton Mess \*

A classic combination of meringue nest, mixed berries, whipped cream and raspberry sauce

(EG, MK, SP) €6.00

### Chef's Brownies \*

A closely guarded secret ingredient by the head chef! Warm brownies served with a choice of ice cream

(WH, MK, PN, SP, EG) €6.75

### Baileys Cheesecake \*

A beautiful light cheesecake with a biscuit base topped with Irish cream liquor served with a choice of ice creams and chocolate sauce

(MK, EG, WH, SP) €6.25

## Side orders

Chef Sam's creamy mash potato €3.50 \*

(MK)

Sweet potato fries € 4.50 \* / \*\* / \*\*\*\*

(WH)

French fries € 4.00 \* / \*\* / \*\*\* / \*\*\*\*

Seasonal buttered vegetables € 3.50 \* / \*\*\*

Garden fresh side salad € 3.50 \*

(MD)

Boiled basmati rice €3.50 \* / \*\* / \*\*\* / \*\*\*\*

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## ALLERGENS

PEANUTS	PN
TREE NUTS	TN
SESAME	SE
LUPIN	LP
EGGS	EG
MILK	MK
SOYA	SY
FISH	FH
CRUSTACEANS	CS
MOLLUSCS	MS
CELERY	CY
MUSTARD	MD
SULPHITES (preservative)	SP
WHEAT	WH

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