The Kitchen

RESTAURANT MENU

STARTERS

CHEF'S SOUP OF THE DAY (V) €8.95
Please ask your server for today's choice. Served with traditional Irish brown soda bread (Gluten free bread available on request) (GF, V, VG)
MK SY EG SP WH1 WH4

CAPRESE SALAD (V) €8.95
Beef tomatoes and mozzarella slices with basil leaves, drizzled with olive oil
MK SP

CHICKEN WINGS (GF) SMALL €10.95 / LARGE €14.95
Crispy chicken wings in BBQ sauce, served with blue cheese dip and celery
LP1 SY SP MK EG CY

SEAFOOD CHOWDER €12.95
Creamy seafood mix served with traditional Irish soda bread
FH MK SP LP1 LP2 WH4 SY

FISH CAKE €12.95
Asian-style fish cake served on a bed of mixed leaf rocket salad with sweet chilli sauce and a lemon wedge
FH WH1 MK SP SY

ATLANTIC SMOKED SALMON €15.95
Smoked Irish salmon on soda bread with capers, red onions, lemon and dill crème fraîch
FH WH1 MK SP SY

MEDITERRANEAN CALAMARI SALAD (GF / L) €12.95
Herb-spiced calamari cooked and tossed in mixed leaf rocket salad with house salsa
FH SP SY PN

PRAWN COCKTAIL €12.95
Marinated prawns with crisp cos lettuce in Marie Rose sauce
CS EG

MAINS

8oz RIB-EYE STEAK (GF) €37.95
8oz Irish Rib-Eye steak with sautéed onions and mushrooms, pepper sauce or garlic butter served with French fries
SP MK

TRADITIONAL IRISH STEW (L) €21.95
Slow-cooked lamb, carrots, potatoes and pearl barley served with traditional Irish soda bread
WH1 WH4 LP1 SP SY

BURGER €19.95
Irish beef or Cajun seasoned chicken breast with bacon and melted cheddar cheese, cos lettuce, beef tomato, sautéed onions and burger sauce, served in a brioche bun with French fries
SP WH1 EG MK MD PN

CHICKEN SUPREME €21.95
Pan-roasted chicken supreme served with creamy mashed potato. tenderstem broccoli and a rich gravy
SP MK

BAKED SALMON €29.95
Pan-seared salmon fillet served with creamy mashed potato, tenderstem broccoli with a cream tarragon sauce
FH SP SY MK WH1

EXTRA SAUCES AND DIPS

BBQ SAUCE LP1 SY SP	€2.50
GARLIC MAYO EG SP	€2.50
BLUE CHEESE DIP MK EG	€2.50
GARLIC BUTTER MK	€2.50
PEPPERCORN SAUCE MK	€2.50
GRAVY	€2.50

TRADITIONAL FISH & CHIPS (L) €22.95
Cod fillets dipped in beer batter and deep fried, served with mushy peas, tartare sauce and French fries
FH WH1 SP EG

PRAWN TAGLIATELLE €23.95
Tiger prawns sautéed in garlic and cooked in a Parmesan cream sauce served with Tagliatelle and a side of garlic bread
WH2 CS MK EG MD SP

VEGETABLE CURRY (V/ VG) €17.95
Mixed vegetables in an authentic Indian curry sauce, served with basmati rice and poppadom
WH1 SP MD CY
(€6.00 supplement to add chicken or tiger prawns)

VEGETABLE STIR FRY (V/ GF/ L) €17.95
Mixed vegetables with garlic, chilli, ginger, lemongrass and coriander cooked in an Asian sauce served with a choice of rice noodles or basmati rice
SY SP
(€6.00 supplement to add chicken or tiger prawns)

CHICKEN CAESAR SALAD €18.95
Cajun seasoned grilled chicken, crisp cos lettuce, garlic and herb croutons, bacon, parmesan cheese topped with Caesar dressing
MK MD EG WH1 WH3

SIDE ORDERS

SUPPLEMENT OF SALMON FILLET FH	€6.50
SUPPLEMENT OF TIGER PRAWN CS	€6.00
SUPPLEMENT OF CHICKEN	€6.00
EXTRA BREAD WH1 WH3 SY	€2.00
GARLIC BREAD WH1 MK SP	€5.50
CREAMY MASHED POTATO (V) MK	€6.00
SWEET POTATO FRIES (V, VG, L)	€6.00
FRENCH FRIES (V, VG, GF, L)	€5.00
PARMESAN ROSEMARY FRIES WITH AIOLI MD EG MK	€6.50
GARDEN FRESH SIDE SALAD (V) MD	€6.50
BOILED BASMATI RICE (V, VG, GF, L)	€5.00
STEAMED BUTTERED BROCCOLI (V, GF) MK	€5.50

DESSERTS

CHEESE BOARD (V) €16.95
Selection of cheeses, crackers, walnuts, grapes and red pesto dip
WH1 LP1 SP MK TN (Walnuts, Pine Nuts)

BAILEYS CHEESECAKE (V) €9.00
Baileys cheesecake on a biscuit base served with your choice of ice cream and chocolate sauce
MK EG WH1 LP1 LP2 SY SP

SELECTION OF ICE CREAMS (V) €7.95
Selection of ice creams served in a wafer basket with a topping of strawberry or chocolate sauce
WH1 MK SP PN

APPLE PIE (V) €7.95
Warm shortcrust apple pie served with your choice of ice cream
WH1 EG MK PN SP

ETON MESS (V) €7.95
Meringue nest, mixed berries, whipped cream and raspberry sauce
EG MK SP

CHOCOLATE BROWNIE (V/GF) €8.95
Warm chocolate brownie served with your choice of ice cream and chocolate sauce
MK PN SY SP EG

All our Beef and Lamb is 100% Irish

ALLERGENS

VEGETARIAN (V) / VEGAN (VG) / GLUTEN FREE (GF) / LACTOSE FREE (L)

PEANUTS PN, TREE NUTS TN, LUPIN LP, BARLEY LP1, OATS LP2, EGGS EG, MILK MK, CELERY CY, FISH FH, CRUSTACEANS CS, MOLLUSCS MS, SOYA SY, MUSTARD MD, SULPHITES SP, SESAME SE, WHEAT FLOUR WH1, SEMOLINA WH2, WHOLEMEAL WH3, WHEAT BRAN WH4, RYE WH5