

# DESSERTS

## ICE CREAM SELECTION €5.00

A selection of locally made ice creams served with a topping of mango, strawberry or chocolate sauce and a fan wafer **WH EG MK SP PN**

## GRANNIE'S DEEP APPLE PIE €6.25

A traditional Irish short crust apple pie served with a choice of ice cream **WH EG MK SP PN**

## ETON MESS €6.00

A classic combination of broken meringue nest, fresh strawberries, whipped cream and raspberry sauce ...a beautiful mess **EG MK SP**

## CHEF'S BROWNIES €6.75

A closely guarded secret ingredient by our head chef!! Warm brownies served with a choice of ice cream **WH EG MK SP PN**

## BAILEYS CHEESECAKE €6.25

A beautiful light cheese cake with a biscuit base topped with Irish cream liquor served with a choice of ice cream and chocolate sauce **EG MK WH SP**

## FRESH FRUIT SALAD €5.00

Delicious array of chopped fresh fruit

### ALLERGENS

PEANUTS	<b>PN</b>
TREE NUTS	<b>TN</b>
SESAME	<b>SE</b>
LUPIN	<b>LP</b>
EGGS	<b>EG</b>
MILK	<b>MK</b>
SOYA	<b>SY</b>
FISH	<b>FH</b>
CRUSTACEANS	<b>CS</b>
MOLLUSCS	<b>MS</b>
CELERY	<b>CY</b>
MUSTARD	<b>MD</b>
SULPHITES (preservative)	<b>SP</b>
WHEAT	<b>WH</b>



The Kitchen

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LOUNGE & BAR MENU

## LIGHT BITES

### CHEF'S SOUP OF THE DAY €4.75

Please ask your server for today's choice.

Served with traditional Irish brown soda bread **MK SP WH**

### DUBLIN SMOKED SALMON €7.75

Double smoked Irish salmon served with seasonal side salad garnish, horseradish cream, finely sliced red onion, capers and traditional brown soda bread **FH MK SP WH**

### CHEFS WINGS €7.50

Plump chicken wings shallow fried and coated in chef's secret hot BBQ sauce, served with salad garnish and a glass or two of water!!! **SP WH MU**

### VEGETARIAN SPRING-ROLLS €6.50

Filo pastry stuffed with Asian vegetables cooked until crisp and golden, served with homemade sweet chilli & seasonal salad garnish **SP WH EG**

### SAUSAGE AND MASH €6.75

Classic curled traditional sausages served with a red wine jus, garden peas, served on a bed of champ mashed potato **WH MK SP**

### CHICKEN GOUJONS €7.50

Herby, crunchy, shallow fried, breaded goujons served with chips, seasonal salad garnish and a sweet chilli dip **SP WH EG**

## MAINS

### SOUP & SAMBO WRAP COMBO €8.75

Please select any THREE options

Ham, cheese, chicken, tomato, bacon, red onions, lettuce, Philadelphia, tuna, mayo **WH EG MK SP**



### CLASSIC CAESAR SALAD

Crisp cos lettuce, garlic and herb crotons, crispy bacon, fresh shaved parmesan cheese all combined with *The Kitchen* Caesar dressing **WH MK SP**

€6.25 OR MAIN COURSE €10

(WITH SUPPLEMENT OF €2.50 FOR A CAJUN CHICKEN FILLET)

### METRO HOUSE SALAD €12.75

Crisp cos lettuce, cucumber, shredded carrots, finely sliced red onions, sun dried mixed peppers, tomato, goat's cheese, baby potatoes and balsamic vinegar **FH MK SP**

(WITH SUPPLEMENT OF €2.50 FOR A CAJUN CHICKEN FILLET, €3.50 FOR A SALMON FILLET)

### CHICKEN CIABATTA €11.50

Grilled chicken breast dusted in Cajun seasoning with crisp cos lettuce, beef tomato, sliced red onion and house garlic mayonnaise all in a fresh baked ciabatta bread served with skinny fries **WH EG MK SP**

### TRIPLE DECKER CLUB SANDWICH €12.50

Choice of white or brown bread with layers of chicken, bacon, cheese, tomato and fried egg served with fries **WH EG MK SP**

### HAM & CHEESE PANINI €8.75

Panini bread packed with ham and melting cheese grilled until golden, served with chips and seasonal salad garnish **WH EG MK SP**

### METRO PLATTER FOR TWO €12.50

Selection of traditional cocktail sausages, breaded chicken goujons, filo pastry vegetarian spring rolls and spicy wedges served with house garlic mayonnaise and sweet chilli dip **WH EG MK SP**

### THE METRO SANDWICH €16.75

100% Irish sirloin steak cooked to your liking served with crispy cos lettuce, beef, tomato, sliced red onion all in a fresh baked ciabatta bread **WH EG MK SP**

### D9 BEEF BURGER €14.75

Char grilled 100% Irish sirloin beef burger with bacon and melted Cheddar Cheese crispy cos lettuce, beef tomato, sliced red onion and chef's burger sauce, served in a Waterford Blaa bun with chips **WH EG MK SP**



### D9 CHICKEN BURGER €13.75

Grilled chicken breast dusted in Cajun seasoning with crisp cos lettuce, beef tomato, sliced red onion and house garlic mayonnaise served in a Waterford Blaa bun with chips **WH EG SP**

### TRADITIONAL FISH & CHIPS €14.95

Cod fillets dipped in an Irish ale beer batter and cooked until golden, served with fresh mushy peas, tartar sauce and chips **FH WH EG SP**

### "THE KITCHEN" 12" PIZZA €9.75

Margherita / Pepperoni / Vegetarian Supreme / Chicken Supreme / Tuna **FH MK SP WH**

## LITTLE KIDS

### MARGHERITA PIZZA €6.75

Served with chips & ice cream to follow **WH**

### CHICKEN NUGGETS €6.75

Served with chips & ice cream to follow **WH EG MK**

### SAUSAGES €6.75

Served with chips & ice cream to follow **EG MK**

### PENNE PASTA €6.75

& ice cream to follow **WH**

### SELECTION OF MIXED ICE CREAM

Chocolate, strawberry & vanilla **EG MK**

