

The Kitchen

EVENING MENU

“Cuirimid fáilte roimh, “The Kitchen”. Tá súil againn go mbainfidh tú taitneamh as do bhéile”
“Welcome to “The Kitchen”. We hope you enjoy your meal”

APPETIZERS

CHEF'S SOUP OF THE DAY €4.75

Please ask your server for today's choice. Served with traditional Irish brown soda bread

MK SP WH

MEDITERRANEAN CALAMARI RINGS €6.75

Herb and spice dusted calamari cooked until golden served with salad nest garnish and house tartar sauce

FH SP WH EG MK

DUBLIN SMOKED SALMON €7.75

Double smoked Irish salmon served with seasonal side salad garnish, horseradish cream, finely sliced red onion, capers and traditional brown soda bread

FH WH MK SP

CLASSIC CAESAR SALAD €6.25

Crisp cos lettuce, garlic and herb croutons, crispy bacon, fresh shaved Parmesan cheese all combined with the D9 Caesar dressing

WH MK SP

As a Main Course, €10, or with a supplement of €2.50 for a cajun chicken fillet

TANDOORI CHICKEN SALAD €6.95

Chicken tenders marinated in tandoori spices, pan fried and served in a poppadom basket with mixed salad and yogurt dressing

WH MK SP

CHEF'S WINGS €7.50

Plump chicken wings shallow fried and coated in chef's secret hot BBQ sauce, served with salad garnish and a glass or two of water

MK SP

GOAT'S CHEESE TARTLET €9.75

Irish goat's cheese in a light pastry case oven baked until soft, served with seasonal salad garnish

WH MK SP

VEGETARIAN SPRING-ROLLS €6.50

Filo pastry stuffed with Asian vegetables cooked until crisp and golden, served with home-made sweet chilli and seasonal salad garnish

WH EG SP

THE MAIN EVENT



STUFFED CHICKEN SUPREME €14.75

Oven baked chicken supreme stuffed with garden herb bread stuffing, wrapped in bacon and served with a red wine jus with roast vegetables on a bed of champ mash potato

WH MK SP

BALTI CHICKEN CURRY €14.95

Tender pieces of chicken pan fried with mixed vegetables, coated with an authentic Indian Balti sauce, served with basmati rice & naan bread

WH MK SP



GAMMON STEAK €14.50

Beautifully grilled Limerick gammon steak served with chips, a shallow fried free range egg and seasonal side salad

EG MK SP

FILLET STEAK €29.95

Chef's prime 8oz dry aged Irish fillet steak with grilled portobello mushrooms, pepper sauce or garlic butter and chips

MK SP

BBQ RIBS €14.75

Tender grilled pork spare ribs in an authentic smoky BBQ sauce (finger licking good!) served with chips and seasonal side salad

MK SP

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THE HEART WARMER

€14.95

Traditional Irish stew with diced lamb, carrots, potatoes and pearl barley. All slowly cooked together until beautiful and tender, served with slices of fresh baked bread

WH SP



SEABASS

€16.95

Beautifully cooked fillet of Atlantic seabass with roast vegetables in a rich tomato sauce, and baby potatoes

FH SP

TRADITIONAL FISH & CHIPS

€14.95

Cod fillets dipped in an Irish ale beer batter and cooked until golden. Served with fresh mushy peas, tartar sauce and chips

FH WH EG SP

BAKED SALMON

€17.75

Baked organic salmon fillet with a crisp stir fried rice, red onions, carrot and green beans serve with teriyaki, fresh mushy peas and wedge of lemon

FH SP



THE KITCHEN BEEF BURGER

€14.75

Char grilled 100% Irish sirloin beef burger with bacon and melted Cheddar cheese, crispy cos lettuce, beef tomato, sliced red onion and chefs burger sauce served in a Waterford Blaa bun with chips

MK WH EG SP

THE KITCHEN CHICKEN BURGER

€13.75

Grilled chicken breast dusted in Cajun seasoning with crispy cos lettuce, beef tomato, sliced red onion and house garlic mayonnaise served in a Waterford Blaa bun with chips

WH EG SP



CLASSIC CAESAR SALAD

€10.50

Crisp cos lettuce, garlic and herb crotons, crispy bacon, fresh shaved Parmesan cheese all combined with the D9 Caesar dressing

WH EG SP

(With supplement of €2.50 for a cajun chicken fillet)

METRO HOUSE SALAD

€12.50

Crisp cos lettuce, cucumber, shredded carrots, finely sliced red onions, sun dried mixed peppers, tomato, goat's cheese, baby potatoes and balsamic vinegar

MK FH SP

(With supplement of €2.50 for a cajun chicken fillet, €3.50 for a salmon fillet)

VEGETABLE STIR FRY

€11.95

Slices of fresh mixed vegetables with garlic, chilli, ginger, lemongrass and coriander all cooked in chefs Asian sauce and served with egg noodles

FH SP WH EG SY

(Supplement of €4.50 with tiger prawns, €3.00 chicken)



PASTA

€12.50

Choice of classic Italian penne or tagliatelle pasta with freshly chopped garden vegetables tossed in rich tomato sauce topped with mozzarella cheese

WH MK SP

(Supplement of €2.50 with tuna/chicken, €3.50 smoked salmon)

TIGER PRAWN PASTA

€6.50

A selection of beautiful plump tiger prawns sautéed in fresh garlic and cooked in a Parmesan cream sauce served with tagliatelle pasta and a side of garlic bread

CS WH MK SP

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SIDE ORDERS

CHEF SAM'S CREAMY CHAMP MASH POTATO <small>MK</small>	€4.00
CAJUN SPICED POTATO WEDGES	€4.50
SKINNY FRENCH FRIES	€4.00
SEASONAL BUTTERED VEGETABLES	€4.00
GARDEN FRESH SIDE SALAD	€4.00
BEER BATTERED FRIED ONION RINGS <small>WH SP</small>	€4.50
BOILED BASMATI RICE	€4.00
GARLIC BREAD <small>WH SP</small>	€4.00



SWEET TREATS

SELECTION OF ICE CREAMS A selection of locally made ice creams served with a topping of mango, strawberry or chocolate sauce <small>EG WH MK SP PN</small>	€5.00
GRANNIE'S DEEP APPLE PIE A traditional Irish short crust apple pie served with a choice of ice cream <small>EG WH MK SP PN</small>	€6.25
ETON MESS A classic combination of broken meringue nest, fresh mixed berries, whipped cream and raspberry (A beautiful mess!) <small>EG MK SP</small>	€6.00
CHEF'S BROWNIES A closely guarded secret ingredient by our Head Chef!! Warm brownies served with a choice of ice cream <small>WH MK PN SP EG</small>	€6.75
BAILEYS CHEESECAKE A beautiful light cheesecake with a biscuit base topped with Irish cream liquor, served with a choice of ice creams and chocolate sauce <small>MK EG WH SP</small>	€6.25
FRESH FRUIT SALAD Delicious array of chopped fresh fruit	€5.00

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