

# The Kitchen

## BAR

### Starters

#### **Chef's Soup of the Day \* / \*\***

Please ask your server for today's choice. Served with traditional Irish brown soda bread

(MK, SP, WH) €5.75

#### **Metro Chicken Wings**

Plump chicken wings shallow fried and coated in chef's secret hot BBQ sauce, served with a blue cheese dip

(SP, SY, MK)

**Small €7.50**

**Large €12.50**

#### **Thai Fish Cake**

Asian style fish cake served on rocket nest with a sweet chilli sauce and a lemon wedge

(FH, WH, SP, EG, MK) €8.75

## **The Main Event**

#### **The Heart Warmer**

Traditional Irish stew with diced lamb, carrots, potatoes and pearl barley all slowly cooked together until beautiful and tender, served with slices of freshly baked bread

(WH, SP) €14.95

#### **D9 Burger**

Chargrilled 100% Irish sirloin beef or a cajun seasoned chicken breast with bacon and melted cheddar cheese crispy cos lettuce, beef tomato, sliced red onion and house garlic mayonnaise served in a Waterford blaa bun with chips

(SP, WH, EG, MK) €14.75

#### **Triple Decker Club Sandwich**

Choice of white or brown bread with layers of chicken, bacon, cheese, tomato and fried egg served with fries

(WH, EG, MK, SP) €12.95

\* Vegetarian

\*\* Vegan

\*\*\* Coeliac

\*\*\*\* Lactose intolerance

# The Kitchen

## **Traditional Fish & Chips \*\*\*\***

Cod fillets dipped in an Irish ale beer batter and cooked until golden, served with fresh mushy peas, tartar sauce and chips

(FH, WH, SP, EG) €14.50

## **Chicken Caesar Salad**

Crisp cos lettuce, garlic and herb crotons, crispy bacon, fresh shaved parmesan cheese all combined with Caesar dressing

(WH, MK, SP) €12.95

## **Vegetable Stir Fry \***

Slices of fresh mixed vegetables with garlic, chilli, ginger, lemongrass and coriander, all cooked in chef's Asian sauce and served with egg noodles or basmati rice

(SY, SP, WH, FH, EG) €12.95

(supplement of €4.50 with tiger prawn / supplement of €3.50 chicken)

## **Vegetable Curry \***

Slices of mixed vegetables in an authentic Indian curry sauce, served with basmati rice & naan bread

(WH, SP, MK) €12.95

(supplement of €3.50 chicken)

## **Ham & Cheese Panini**

Panini bread packed with ham and melting cheese grilled until golden served with cheese and onion flavoured crisps

(WH, MK, EG, SP) €8.50

## **Soup & Sambo/Wrap**

Please select any three options - ham, cheese, chicken, tomato, bacon, red onions, lettuce, Philadelphia, mayo, smoked salmon. Served with cheese and onion flavoured crisps

(WH, FH, MK, SP) €8.95

## **Metro 12-inch Pizza**

Margherita\*, Vegetarian Supreme\*, Chicken Supreme, Pepperoni

(FH, MK, SP) €9.95

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## Sweet Treats

### Selection of Ice Creams \*

A selection of locally made ice creams served in wafer basket with a topping of mango, strawberry or chocolate sauce

(EG, WH, MK, SP, PN) €5.00

### Granny's Deep Apple Pie \*

A traditional Irish short crust apple pie served with a choice of ice cream

(WH, EG, MK, PN, SP) €6.25

### Eton Mess \*

A classic combination of meringue nest, mix berries, whipped cream and raspberry sauce

(EG, MK, SP) €6.00

### Chef's Brownies \*

A closely guarded secret ingredient by the head chef! Warm brownies served with a choice of ice cream

(WH, MK, PN, SP, EG) €6.75

## Side orders

Chef Sam's creamy mash potato €3.50 \*

(MK)

Cajun sweet potato fries € 4.50 \* / \*\* / \*\*\*\*

(WH)

Skinny French fries € 4.00 \* / \*\* / \*\*\* / \*\*\*\*

Seasonal buttered vegetables € 3.50 \* / \*\*\*

Garden fresh side salad € 3.50 \*

(MD)

Boiled basmati rice €3.50 \* / \*\* / \*\*\* / \*\*\*\*

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# The Kitchen

## ALLERGENS

PEANUTS	PN
TREE NUTS	TN
SESAME	SE
LUPIN	LP
EGGS	EG
MILK	MK
SOYA	SY
FISH	FH
CRUSTACEANS	CS
MOLLUSCS	MS
CELERY	CY
MUSTARD	MD
SULPHITES (preservative)	SP
WHEAT	WH

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