

The Kitchen

LOUNGE MENU

STARTERS

CHEF'S SOUP OF THE DAY (V)

Please ask your server for today's choice.
Served with traditional Irish brown soda bread
(GF bread available on request)

MK SP WH

METRO CHICKEN WINGS (GF) SMALL €8.75 / LARGE €13.75

Plump chicken wings shallow fried and coated in chef's secret hot BBQ Sauce, served with a blue cheese dip

SP MK EG

BREAD & DIPS

Savoury slices of homemade bread served with red pesto and balsamic vinaigrette

SP WH TN MK

SEAFOOD CHOWDER

Hearty and creamy seafood mix served with traditional Irish brown soda bread

FH MK SP WH

THAI FISH CAKE

Asian style fish cake served on a rocket nest with a sweet chilli sauce and a lemon wedge

FH WH SP EG MK

THE MAIN EVENT

LAMB STEW

Traditional Irish stew with slow cooked diced lamb, carrots, potatoes and pearl barley, served with slices of fresh baked bread

WH SP

€7.00

D9 BURGER

Chargrilled 100% Irish sirloin beef or a Cajun seasoned chicken breast with bacon and melted cheddar cheese, crispy cos lettuce, beef tomato, sliced red onions and house garlic mayonnaise served in a Waterford Blaa bun with chips

SP WH EG MK

€16.75

TRADITIONAL FISH & CHIPS

Cod fillet dipped in an Irish ale beer batter and cooked until golden, served with fresh mushy peas, tartar sauce and chips

FH WH SP EG

€18.00

CHICKEN CAESAR SALAD

Cajun seasoned grilled chicken, crisp cos lettuce, garlic and herbs croutons, crispy bacon, freshly shaved Parmesan cheese all combined with Caesar dressing

WH MK SP

€14.95

VEGETABLE CURRY (V)

Slices of mixed vegetables in an authentic Indian curry sauce, served with basmati rice & naan bread
(Supplement of €3.50 with chicken/
supplement of €4.50 with tiger prawns)

WH SP CS

€12.95

VEGETABLE STIR FRY (V)

Slices of fresh mixed vegetables with garlic, chilli, ginger, lemongrass and coriander, all cooked in chef's Asian sauce and served with egg noodles or basmati rice
(Supplement of €3.50 with chicken/
supplement of €4.50 with tiger prawns)

SY SP WH FH EG

€12.95

STEAK SANDWICH

100% Irish sirloin steak served with crispy cos lettuce, beef tomatoes, sliced red onions in a fresh baked Ciabatta bread

WH SP MK

€17.75

SNACKS

TRIPLE DECKER CLUB SANDWICH

Choice of white or brown bread with layers of chicken, bacon, cheese, tomatoes and fried egg, served with fries

WH EG MK SP

€13.95

HAM & CHEESE PANINI

Panini bread packed with ham and melting cheese grilled until golden, served with cheese and onion flavoured crisps

WH MK SP

€9.95

SOUP & SAMBO/WRAP

Please select any of the three options with a choice of white, brown bread or wrap. Ham, cheese, chicken, tomatoes, bacon, red onions, lettuce, Philadelphia, mayo, smoked salmon. Served with cheese and onion flavoured crisps

WH FH MK SP

€9.95

METRO 12-INCH PIZZA

Margherita (V)

Vegetarian Supreme (V), Chicken Supreme, Pepperoni

MK SP WH

€13.00

€13.95

CHEESE BOARD (V)

Selection of cheeses, crackers, walnuts, grapes and red pesto dip

WH SP MK PN

€14.95

SIDE ORDERS

CREAMY MASH POTATOES (V, GF) **MK**

€5.00

SWEET POTATO FRIES (V, VG, GF, L)

€6.00

FRENCH FRIES (V, VG, GF, L)

€5.00

SEASONAL BUTTERED VEGETABLES (V, GF)

€4.50

FRESH GARDEN SIDE SALAD (V) **MD**

€4.50

BOILED BASMATI RICE (V, VG, GF, L)

€4.50

RESTAURANT MENU

STARTERS

CHEF'S SOUP OF THE DAY (V)

Please ask your server for today's choice
Served with traditional Irish brown soda bread
(GF bread available on request).

MK SP WH

€7.00

CAPRESE SALAD (V)

Mozzarella slices, beef tomatoes and basil leaves drizzled with olive oil

MK SP

€6.95

MEDITERRANEAN CALAMARI SALAD (L)

Herb and spiced Calamari carefully cooked and tossed in wild rocket salad with house rainbow salsa

FH SP

€9.75

DUBLIN SMOKED SALMON

Double smoked Irish salmon in savoury croustades with dill and lemon crème fraiche

FH WH MK SP

€11.00

SMALL CAESAR SALAD

Crisp cos lettuce, garlic and herbs croutons, crispy bacon, freshly shaved Parmesan cheese all combined with Caesar dressing

WH MK SP

€7.95

THE MAIN EVENT

FILLET STEAK (GF)

Prime 8oz dry aged Irish fillet steak with sauteed onions and mushrooms, pepper sauce or garlic butter and chips

SP MK

€35.00

STUFFED CHICKEN SUPREME

Oven baked chicken supreme wrapped in bacon, stuffed with garden herbs bread stuffing, red wine jus and roast vegetables served on a bed of creamy mash potatoes

SP WH MK

€17.95

TERIYAKI BAKED SALMON

Baked organic salmon fillet glazed with teriyaki sauce served with mash potato, roasted vegetables and a lemon wedge

FH SP MK WH

€19.95

TRADITIONAL FISH & CHIPS

Cod fillet dipped in an Irish ale beer batter and cooked until golden, served with fresh mushy peas, tartar sauce and chips

FH WH SP EG SY

€18.00

TIGER PRAWN PASTA

A selection of beautiful plump tiger prawns sauteed in fresh garlic and cooked in a Parmesan creamy sauce served with Tagliatelle pasta and a side of garlic bread

WH CS MK SP

€18.95

QUINOA SALAD

Crisp rocket, quinoa, cherry tomatoes, shredded carrots, finely sliced red onions, mixed peppers, goats cheese, Cajun chicken and balsamic dressing

SP MK

€16.95

SWEET TREATS

CHEESE BOARD (V)

Selection of cheeses, crackers, walnuts, grapes and red pesto dip

WH SP MK PN

€14.95

SELECTION OF ICE CREAMS (V)

A selection of locally made ice creams served in wafer basket with a topping of mango, strawberry or chocolate sauce

EG WH MK SP PN

€5.00

BAILEYS CHEESECAKE (V)

A beautiful light cheesecake with a biscuit base topped with Irish cream liquor served with a choice of ice cream and chocolate sauce

MK EG WH SP

€6.75

GRANNY'S DEEP APPLE PIE (V)

A traditional Irish short crust apple pie served with a choice of ice creams

WH EG MK PN SP

€6.75

ETON MESS (V, GF)

A classic combination of meringue nest, mix berries, whipped cream and raspberries

EG MK SP

€6.00

CHEF'S BROWNIE (V, GF)

Warm brownies served with a choice of ice cream

MK PN SP EG

€6.75

ALLERGENS

VEGETARIAN (V) / VEGAN (VG) / GLUTEN FREE (GF) / LACTOSE INTOLERANCE (L)

PEANUTS **PN**, TREE NUTS **TN**, SESAME **SE**, LUPIN **LP**, EGGS **EG**, MILK **MK**, SOYA **SY**, FISH **FH**, CRUSTACEANS **CS**, MOLLUSCS **MS**, CELERY **CY**, MUSTARD **MD**, SULPHITES (preservative) **SP**, WHEAT **WH**